

Norco College



California Community Colleges are now offering Associate Degrees for Transfer (ADT's) to the CSU. These may include Associate in Arts (AA-T) or Associate in Science (AS-T) degrees. These degrees are designed to provide a clear pathway to a CSU major and baccalaureate degree. California Community College students who are awarded an AA-T or AS-T degree are guaranteed admission with junior standing somewhere in the CSU system and given priority admission consideration to their local CSU campus or to a program that is deemed similar to their community college major. This priority does not guarantee admission to specific majors or campuses. Students who have been awarded an AA-T or AS-

2023-2024

**KINESIOLOGY
(CSUGE) NAA890
(IGETC) NAA891**

This degree is designed to facilitate the student's passage from Norco College to the California State University System with an Associate in Arts in Kinesiology for Transfer Degree. This degree will satisfy the lower division requirements for the eventual conferral of the Bachelor's Degree in Kinesiology. With this degree the student will be prepared for transfer to the university upper division level.

Required Courses: (20-23 units) Units

KIN-10*	Introduction to Kinesiology	3
BIO-50A*	Anatomy and Physiology I	4
BIO-50B*		

KIN-A44*	T'ai-chi Ch'uan, Intermediate	1
Fitness:		
KIN-A46*	Yoga, Beginning	1
KIN-A47*	Yoga, Intermediate	1
KIN-A75A*	Walking for Fitness 9 116.1W nBT/TT2 1 Tf9	

	Jogging for Fitness, Intermediate	1
KIN-A81A*	Cardio and Strength Training, Beginning	1
KIN-A81B*	Cardio and Strength Training, Intermed.	1
KIN-A83*	Kickboxing Aerobics	1
KIN-A89A	Beginning Body Sculpting	1
KIN-A89B	Intermediate Body Sculpting	1
Team Sports:		
KIN-A62*	Flag Football	1
KIN-A64A*		

OR		
PSY/SOC-48*	Statistics for the Behavioral Sciences	3
PHY-2A*	General Physics I	4
OR		
PHY-4A*	Mechanics	4
PSY-1*/1H*	General Psychology/Honors	3
OR		
SOC-1*/1H*	Introduction to Sociology/Honors	3

*Courses may also be used to fulfill general education requirements for the CSU GE or IGETC pattern, please confer with a counselor.